# **Wenatchee Boys Soccer 2022**

## **Players Handbook**

The following handbook has been put together to aid in both your and your family's understanding of what Wenatchee Boys soccer is about and the direction we hope to take now and in the future.

### My Philosophy:

My philosophy is to provide an environment for each player to develop his soccer and personal skills to a higher level while being involved in an athletic activity at Wenatchee High School. Player growth is a key. All players should end the year a better soccer player and young man. We have changed the way we set up our program to a concept more like a professional club setting. We will now have a 1<sup>st</sup> team and 2 reserve teams. This concept will allow all players to develop and move through the system when they are ready to move to the next level of play. The long-range goal for the players is to reach the 1<sup>st</sup> team and the 1<sup>st</sup> -11.

### **Wenatchee Boys Soccer Coaches:**

1<sup>st</sup> Team Head Coach: Dennis Tronson (tronson.d@wenatcheeschools.org)

1<sup>st</sup> Team Assistant: John Springer

1<sup>st</sup> Reserve Team Head Coach: TBA

2<sup>nd</sup> Reserve Team Head Coach: Ricardo Flores

Where are we at and where are we going?

This year's teams return to play in the Big Nine Athletic Conference. We will be playing 16 matches over the next 10 weeks. These matches will be against our 6 other league teams: Davis, Eastmont, West Valley, Sunnyside, Eisenhower, and Moses Lake. In addition we have scheduled 4 non-league friendly matches with Mead(Spokane), Skyline(Issaquah), Central Valley(Spokane) and Quincy. Once the regular season ends the 1st team will move on to the District and State playoffs. The season will conclude on May 27 and 28th with the State Finals. I feel this will be a great season for growth and development as players and young men.

## The Tryout:

The players are being evaluated over a three-day period of play in 15 key areas that the Wenatchee High School coaching staff feel are vital to becoming the type of player we want and desire for WHS. These fifteen areas are listed below to all of the 100 players who are turned out for our selection of this year's players. You might be selected as one of 50-55 players this year to be part of the WHS soccer program. Within the program you will be placed on one of three teams to develop your soccer skills and understanding of the game. In addition, your placement is based on providing the best environment for you to grow as a player and young man. This placement again is based on the guidelines listed below. Movement between the three teams will occur throughout the season as the player improves or as the individual teams needs require.

# Tryout Guidelines:

- 1) Fitness
- 2) Technical Skills
- 3) Tactical Skills
- 4) Individual Defending
- 5) 1 v 1 Skills
- 6) Movements both on and off the ball
- 7) Player focus while training
- 8) Academics
- 9) Attitude both on and off the field
- 10) Vocal communication
- 11) Positional Choices
- 12) Effort: Physical and Mental
- 13) Preparedness (are you ready to play)
- 14) Teamwork
- 15) How you play the game

#### THE TEAMS:

**1st Team-** This team competes at the highest level with a chance to win again the State Championship. The team is made up of the top 14 to 20 players again based on the guidelines given.

1<sup>st</sup> Reserve Team- This is a team that is used for the development of players to play and compete with success at the 1<sup>st</sup> Team level. Players who might not develop due to a lack of playing time are placed here for development and experience.

**2<sup>nd</sup> Reserve Team-** This is our entry-level team with sophomores and freshman players. This team provides a stage where player development and playing time for all players creates an environment for maximum development of individual and team soccer skills without the pressure that develops at the 1<sup>st</sup> Team or 1<sup>st</sup> Reserve levels. However playing time is determined by the coach who evaluates each training session and all matches.

#### **PLAYING TIME:**

1<sup>st</sup> Team: Players on this team will earn any time on the field through continued evaluation in training and matches. Training levels, match situation, positional selections will determine playing time at the 1st level.

1<sup>st</sup> Reserve Team: Players here will all play if the following conditions have been met during training. Players have trained and put forth effort during the daily training. Even on this team some players will play more than others. This difference in playing time is due to player position and the needs of development for the 1<sup>st</sup> Team.

**2<sup>nd</sup> Reserve Team**: Players will play on average 50% of each match if they have met the following guidelines: Trained each day prior to a match. Training at a level of development demanded by the coaching staff.

#### **Team Rules and Guidelines:**

All players will represent Wenatchee High School, the community of Wenatchee, and your families with the highest degree of respect and honor.

Players who disrespect any of the areas within the athletic code will be dealt with on an individual basis.

#### Travel:

Players will travel to and from all matches with the team. Should parents want to have their son travel home with them they sign-out with the coach in charge of their team level. Parents will need to meet face to face with the player's head coach prior to a departure from the team.

Dress Code: Players will all follow the WHS dress code weather at home or on the road. In addition, all players will dress in a neat and trim manner as directed by the Head Coach. This means no shirts or pants with holes or tears.

#### **Eating after Road Matches:**

We this year will stop on road trips as directed by the Wenatchee School District. Players are encouraged to bring food from home if needed.

**Overnight Travel:** Will be set up and supervised under the guidelines of Wenatchee High School and the Wenatchee School District.

#### **Uniforms:**

Players will bring both home and away uniforms and warm-up gear issued for matches to all home and away matches. Player's are responsible for the care and return after the end of the season. Uniforms are to be kept clean and dry for each match during the season and upon check in at the end of the season. Uniforms need to be washed after each match. They are to be hung and air dried. Do not dry uniforms in a dryer.

## Jewelry:

Players are not allowed to wear jewelry anytime at matches or training sessions.

# **Training Sessions:**

All players will come to training daily with the shin guards, shoes and clothing appropriate with the current weather. Players without proper training equipment will not be allowed to complete full session training. Failure to train at full sessions could result in reduced playing time. Players also need to have a personal water bottle at the field each day.

# **Player Injuries:**

Players who sustain any injury will contact their coach for evaluation and treatment. Treatments may be provided at the field or at the WHS Sports med treatment center. Players need to contact the coaching staff prior to a doctor visit. Players who visit a doctor will need to have a return to play release from a doctor to return to play.

### **Season Schedule:**

Can be found at the Wenatchee High School athletic web site. Please refer to this often for changes and updates. All teams currently have 11 matches for 1st Team and 1st Reserves. 2nd Reserves currently have 9 matches more may be added in the coming weeks.

## **Attendance:**

All players are expected to be at all training sessions and matches home and away. Absences from training or match may affect playing time. Players who miss training or matches will be dealt with on an individual basis. This may result in loss of playing time, suspension from matches or dismissal from the program.

**COMMUNICATIONS COACH/PARENT:** Parents will always be informed of workout and game times. Parents this season are not allowed to attend practices due to Covid restrictions Coaches will be available after practices if you need to talk or discuss any issue a player or you the parent may have. Parent contacts will be conducted outside of the Apple Bowl at the player entrance in the Pioneer parking lot.

#### Costs:

Due to Covid the requirements for Equipment have been reduced. All players will need a Pair of Black (for home matches), and White for away matches: 1st team and 1st Reserves. Should players not have socks can be purchased through the ASB office rather than going to a store.